

# Extending a hand up, not a hand out

Impact Statement

HARVEST 1073 Roosevelt Crescent, North Vancouver, BC, V7P 1M4 T 604.983.9488 E info@harvestproject.org www.harvestproject.org

HARVEST PROJECT is a registered charity that has served Metro-Vancouver's North Shore for 30 years. We're dedicated to helping individuals and families overcome difficult life circumstances and threat of poverty: we provide a safety-net so that each one can take steps towards a healthier, productive life. Volunteers, staff and board members are all North Shore residents reaching out to help our neighbours.

### Impact in the community:

Our commitment is to provide a holistic support network that addresses the needs of vulnerable children and adults. **Helping to restore our neighbours to health and stability benefits our whole community.** We aim to be a sustainable, compassionate presence for North Shore residents.

In one of the wealthiest communities in Canada, critical family needs are often hidden and those who find themselves in desperate times often struggle to find services. As crises occur and people must spend most of their incomes on accomodation, many are forced to go without food, medicine, dental care and other necessities, just to remain housed. Each child who begins school below developmental standards or drops out of school suffers hugely, as does the social and economic health, and future of the community.

#### What we provided in calendar year 2022:

- 1,300+ client-care coaching & counsel sessions
- Rent Bank loans + grants valued at \$165,000 keeping 222 residents housed (yr. ending 4/30/22)
- Grocery Support Program appointments, grocery gift-cards and hampers valued at over \$184,000
- 1,750 grocery appointments and deliveries of grocery gift-cards
- 192 Nutrition Pathway appointments
- 332 appointments for clothing through our Clothes For Change Support Program
- 102 Art therapy, career and tutoring appointments
- Active volunteers who brought hundreds of hours of service

## **Positive Impact:**

- Hundreds of North Shore residents/clients and their dependents served each month
- At-risk single parent families make up large portion of client-base receiving assistance
- Collaboration with other services agencies plus corporate social responsibility teams
- North Shore's social and economic health improved reduced social isolation
- Restored individual and family health enabling participation in community

#### **Operating Budget:**

- For related information, see <a href="https://www.harvestproject.org/financial-reports/">https://www.harvestproject.org/financial-reports/</a>
- Funding: 5% from gov'ts. 95% from households, businesses, religious orgs, community groups

Harvest Project 'extends a hand up, not a hand out' across Metro-Vancouver's North Shore.